

NEWBALD PRIMARY SCHOOL

PE

Why is PE important?

PE is split into three areas, physical activity (being active), physical education (the teaching of skills) and sport (the outcome of physical education). Children gaining a love and value for fitness and a healthy life is crucial. Currently, a large number of children are not meeting the recommended sixty minutes of daily physical activity. Physical activity in childhood develops a healthier body, stronger bones and muscles, cardiovascular fitness, better motor skills and concentration and thinking skills. Children who have higher levels of physical activity during childhood are likely to be more active throughout the rest of their lives. This is important not only for their physical health but mental health and well-being.

What does PE look like at Newbald?

PE for us at Newbald, begins in Class 1 with our youngest children being nursery. Physical development is a prime area of EYFS but is a fundamental aspect within all areas in Development Matters. Moving through into KS1 and KS2, PE is taught following the Rising Stars Curriculum. The Rising Stars curriculum is a 'whole school teaching solution for teaching Sport, Health and Fitness in a fun, energetic and safe way'. PE is delivered by our staff team and an external company (HSSS).

What is our extra-curricular provision?

Our school is part of the East Riding School Sport Partnership (SSP West). This provides us with opportunities to take part in inter school events encompassing a range of sports for KS1 and KS2. At various points in the year, clubs are available for children to access.



OUR VISION

What is our vision for PE?

- *To have an exciting and engaging curriculum with opportunities to develop skills, stamina, competitiveness, an enthusiasm for physical education and the ability to play as a team.
- *To develop respectful team players with enthusiasm and knowledge for competitive team games.
- *To inspire and instil a joy for fitness and a healthy life that will continue into later years.



OUR MISSION

How are we achieving our vision?

- *Delivering lessons following a scheme of work to provide a fun and rounded curriculum to all of our children.
- *Monitoring and assessing the children to identify areas for development within all children.
- *Providing opportunities within lessons and extra-curricular provision for competition and working as a team.
- *Promoting enjoyment and enthusiasm for physical activity, physical education and sport.

OUR VALUES

How are our values promoted within PE?

Within our daily school life we encourage our children to be respectful, determined, kind and positive. Within the contexts of PE, a positive and determined attitude will allow children to approach new skills with a confident and achievable outlook. A huge part of PE is being a team player and competitive play. Respect and kindness for the game, the environment, the referee, spectators, the opposing team and each other is fundamental to a successful game. Achieving this, creates sports men and women of the future.

